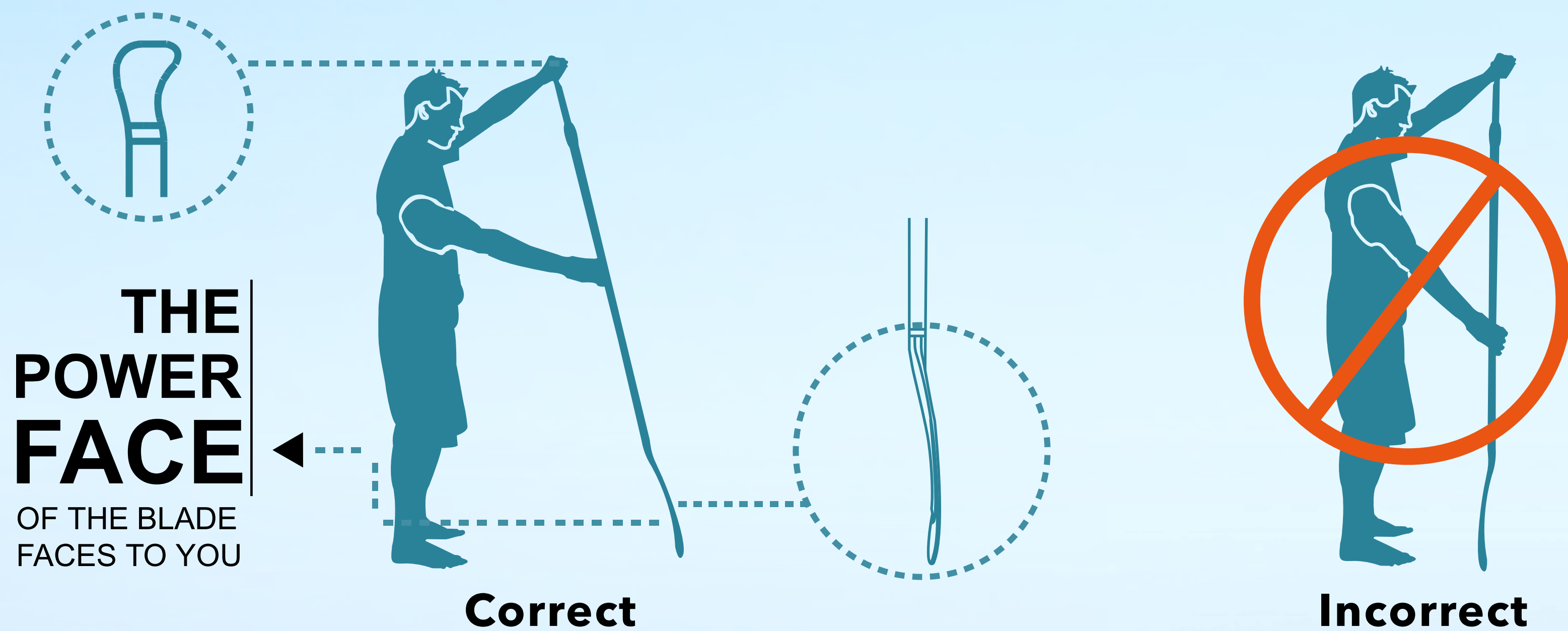


HOW TO HOLD THE ISUP PADDLE CORRECTLY

HOLD THE ISUP PADDLE

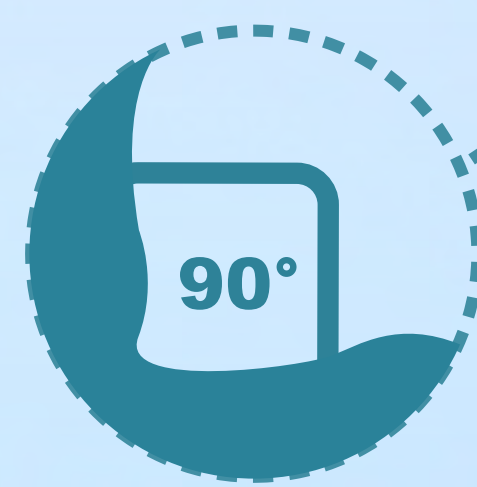
1



2

 Keep a 90 degree angle in your elbows for the most comfortable and effective hand position.

**KEEP
90 DEGREE
ANGLE** ▶
IN YOUR ELBOWS



GRIP WIDTH

